



Take the Path to a Healthier You

Don't miss out on this benefit for Aetna® members

Lose weight, adopt healthy habits and significantly reduce your risk of developing Type 2 diabetes. Take the one-minute quiz to find out if you qualify for a lifestyle change program at **\$0 extra cost to you.**



 **fitbit.**

**GET A FREE FITBIT
ACTIVITY TRACKER***

TAKE A ONE-MINUTE QUIZ AT **GOSOLERA.COM/STATEOFDE**

Questions? Call 1-844-578-3601, Monday through Friday 9 AM to 9 PM ET.

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